

# Hamgram

May 2019

Winona Amateur Radio Club  
Winona, Minnesota

Nearly 230 years after the Mutiny On The Bounty, Winona Amateur Radio Club's own Fletcher Christian, Mike Cizek, WØVTT, is heading to the remote, South Pacific, Pitcairn island to operate as VP6R, part of a DXpedition planned to run Oct. 18–Nov. 1. Cizek previewed the DXpedition at the club's April 18 meeting.



Mike Cizek, WØVTT

June 22-23

**FIELD  
DAY  
2019**

Wincrest Park



Ham radio's version of State Fair or of the Olympics, ARRL Field Day, has thousands of Hams in front of radios feverishly attempting contacts with other Hams; they could be doing much, much better. This also applies to helping with a public service event, or running a net.

One way of improving your game is by attending W9DXCC, (<http://w9dxcc.com/>) a two-day "college" and program series run by the best of the best. This year it will be held Sept. 13-14 at the Pheasant Run Resort in St. Charles, IL. The first day is "Contest University" and "DX University" while the second day features exciting programs from the world of DXing. Amazingly, this group of Ham radio royalty is very interested in sharing their secrets and techniques so that you can do your best work on the air.

*Joy of Portable Operating*



"The Joy of Portable Operating" is the topic for the Winona Amateur Radio Club's May 16 meeting. Bob Seaquist, W9LSE, will show the thrill of combining lovely vacation spots with Ham radio. Club meetings are 7 p.m. at the Winona County Office Building, 202 West Third St., Winona. The program is open to the public.

# 2019 MNQP results

The Minnesota QSO Party (MnQP) pinched Winona Amateur Radio Club members between record low temperatures at the end of January, and record high snowfall after the event, yet they still pulled through with a respectable 83,640 points. The score came from 492 contacts and 85 mults to place W0NE third among the multi-op entrants.

Operators that cold, February day included: Dan Goltz, WK0W, Lance Tagliapietra, AD0UT; John Kowalik, K2OPT; Harro Hohenner, KG6RLM; Peter Ebertowski, KD0YOB; Marv Rodvold, AC9TO; Tom Mauszycki, KA0MLO; Mike Foerster, W0IH; Bill Davis, W0MZN; Clare Jarvis, K0NY; and Tom Wilmot, W0MK.

According to the sponsoring Minnesota Wireless Association, there were 312 MNQP entrants, easily setting a new participation level, surpassing the previous high in 2013. Of the 312 logs, 122 Minnesota stations submitted logs, and 190 operators submitted non-Minnesota logs.

Year	QSOs	points
2018	151	19026
2017	511	73584 (#1)
2016	530	101760 (#1)
2015	289	57800 (#2 as W1N)
2014	322	55384

**Editorial:**

## Do double duty for public service and personal health

The Centers for Disease Control and Prevention reports data that over one third (39.8%) of US adults are obese. The CDC says Obesity-related conditions include heart disease, stroke, type 2 diabetes and certain types of cancer, some of the leading causes of preventable death.

Here's something all of us can do for both public service and personal health: combine your public event communications services with *participation in the event*. For example, last May, the National Multiple Sclerosis Society's *Bike MS: Citrus Tour 2018* was run with the ARRL West Central Florida Section amateurs providing communications support for the Support and Gear (SAG) vehicles, bike mechanics and multiple rest stops. The traditional model of Amateur Radio support is of deployment of operators to ride in the SAG vehicles, shadow race officials, course and rest stop coordinators, and other mission critical sites such as the start and finishing lines.

A potential new model of support would be to add radio operators on bicycles, *actually riding in the event*, a win-win scenario: the event safety committee gets more saturation of course situational awareness, and the operators get a healthy dose of exercise, burning off the calories of the doughnuts likely consumed at the pre-dawn briefing. (Check with your doctor first, and start slowly at first).

Work on getting yourself in the healthy normal weight region — feel better physically and mentally, and most importantly, enjoy Amateur Radio for a lot longer in life. A great way to do it is by encouraging yourself and fellow radio amateurs who provide Amateur Radio communications at public events such as the Citrus Tour to fully engage in the event as a participant, too. Do Double Duty: Radio and Ride!  
 -- Rick Palm, K1CE, Registered Nurse

# WARC Executive Board

Wednesday, May, 1, 2019, Watkins Hall, Winona State University  
(Unofficial minutes)

Present: Paul Schumacher, KØZYV; Mike Foerster, WØIH; Lance Tagliapietra, ADØUT; Clare Jarvis, KØNY; Harro Hohenner, KG6RLM. Guests: Tom Wilmot, WØMK; Bob Seaquist, W9LSE.

**Treasurer's report**, April 2019, by Harro, KG6RLM  
Balance on 3/31/2019 \$3,155.67  
Payments:  
Mike Foerster (Shipping of Antenna Tuner) \$14.35  
Balance reported by Merchants Bank \$3,141.32  
Paid members 39

**Minutes** from April 10 approved.

**Tower climb:** Mike and Paul will investigate who will be able to climb the Witoka tower and deal with the multiple problems there. Hopefully the climber will be a club volunteer.

**Field Day:** Lance reported he plans to request city permission to stay in Wincrest Park overnight.

**Repeater:** Mike showed the newly assembled Motorola portable repeater.

**Education:** Lance reported there was a request for a licensing class. The next one will probably be in September.

**Public Service Committee**, Dan WKØW

The committee will next meet Wed., May 15, with Emergency Manager Ben Klingner, KEØTNM. Discussion will include use

standardized reporting forms, incorporating digital modes into our response, use of Winlink, effective collaboration with other emergency response groups, and other items that are pertinent to effective response.

Public Service Committee members will set an agenda for a general discussion and establishment of training requirements.

It was noted at St. Charles when we used the SOAR van, there was no amateur radio installation in it. Discussing this with the emergency manager and SOAR members, it was decided that we should install an amateur radio. We will have to determine what we want, and will need some installers (amateurs) to work on this. We also discussed that there is some older amateur equipment in a fire department vehicle that has not been used for some time. Possibly we could remove that and re-purpose it in the SOAR van.

Twelve amateurs attended the SKYWARN training provided by the National Weather Service.

Mike, WØIH has been working to make a portable repeater, using the Motorola equipment donated to us by Winona County.

The next scheduled club event is Trinona, June 9, followed by Field Day, June 22-23.

## 2019 is the Year of the Mentor!

By Patrick J Moretti, KA1RB, Wisconsin Section Manager

This year's theme for the ARRL is mentoring - taking our potential and expanding it to attract new members and participants. So the question comes up - what is a Mentor and how is that different from an Elmer?

Amateur Radio used to be an antenna, a switch, a receiver and a transmitter... you either used a key or a microphone and communicated across the ether. It was easy to know enough about operating to share the information with new folks and get them up to speed in their own operation. The focus was on operating procedures, basic equipment, antennas. An Elmer was able to handle most of the technology and choices involved.

Today we are still dealing with antennas, receivers and transmitters but the complexity of the technology and the variety of modes, operating levels, bands, and various area of interest is such that no one single Elmer can be the source of all knowledge for a newcomer. We now need specialists in each separate mode of operation, in each new technology, in each new service we provide. We need Mentors in each of the various, separate aspects of Amateur Radio.

For me a Mentor becomes an expert in the specific aspect of Amateur Radio being addressed. He becomes a specialist in one or more aspect of Amateur Radio, making himself available and freely sharing knowledge, not to show-off, but

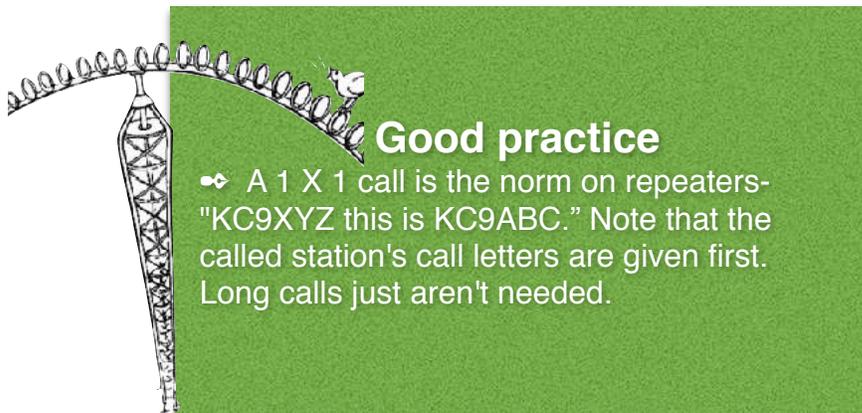
rather to help. Not to over influence but rather to provide an informed choice.

The difficulty is that it becomes too easy to try to influence a new Ham to choose "your" particular mode or type of operation.

What it takes is a network of interested parties in each club forming a Mentor Referral Service where various Mentors know of each other and steer new Amateurs towards the knowledgeable source that can help them, that can guide them the same way an Elmer used to, but in more of a specialized basis considering the particular new Ham's request for specific information.

We can all start with making sure that the questions and answers in the various class exams are not just memorized, but rather are understood so that our candidates can make informed choices. We can greet newcomers at our Club meetings and find out about their interests - guide them to the expert or at least specialist on their topic of choice. The trick is to find new members and make them welcome with our help and mentoring. We have a complex and complicated hobby/avocation - we need to simplify it for newcomers.

We need to keep our avocation growing and to do that we need to recruit more members to share our interest.



## Hamfests

July 20  
 Northwoods Hamfest, Tomahawk, WI  
 Rhinelander Repeater Association/Tomahawk Repeater Association  
<http://northwoodsares94.com>

June 1 Twin Cities FM Club Spring Tailgate  
 8 a.m.-Noon, 1705 Forestview Ln N, Plymouth, MN 55441  
<http://tcfmc.org>

Aug. 10  
 Riverland Amateur Radio Club Swapfest, Onalaska, WI  
 Riverland Amateur Radio Club  
<http://rarc.qth.com>

**WØNE Repeaters**  
 146.640 PL 100.0 Hz \*  
 146.835 PL 131.8 Hz \*\*  
 444.225 PL 100.0Hz FM Voice C4FM Digital  
 442.150, 100 Hz. FM Voice C4FM Digital  
 \* SkyWarn Net when activated.  
 \*\* Sunday Night Net—8:30 p.m.

Winona Amateur Radio club meetings are 7 p.m., third Thursday of the month at the Winona County Office Building, 202 West Third St., Winona. The monthly program is open to the public.

Winona Amateur Radio Club, Inc. P.O. Box 1451, Winona, MN 55987

President: Paul Schumacher, KØZYV, [pschumacher@winona.edu](mailto:pschumacher@winona.edu)

Vice President: Lance Tagliapietra, ADØUT, [lancetag@hbc.com](mailto:lancetag@hbc.com)

Treasurer: Harro Hohenner, KG6RLM, [Harro@hohenner.com](mailto:Harro@hohenner.com)

Secretary: Clare Jarvis, KØNY, [jarvis@jarviscomputer.com](mailto:jarvis@jarviscomputer.com)

Custodian: Erik Brom, WBØNIU, [ewbrom@hbc.com](mailto:ewbrom@hbc.com)

At Large: Dan Goltz, WKØW; Mike Foerster, WØIH

Dues: \$25 per calendar year per license holder. \$30 per calendar year for all licensed members of the same family within the same household.

Send dues to: Treasurer, P.O. Box 1451, Winona, MN 55987



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